What to do if you have an accident at work?

- 1. Call the Duuri tiimi's number p. 045 78 76 73 64 and tell what happened.
- 2. Contact Oiva occupational health on p. 010 517 4160 for further instructions. Opening hours Mon-Thurs 8am-4pm & Fri 8am-2pm.
 - At other times, you have to seek care that is closest and open. The nursing facility may be private or public. If you are applying for treatment elsewhere than occupational health, please mention your employer: Henkilöstöpalvelut Duuri-tiimi Oy and occupational accident insurance number: Pohjola 78-20000-00407-7. If there are any questions, you can ask to call the Duuri tiimi's phone number.

Note! If the accident at work is serious, call the emergency number 112 for help and act with the seriousness required by the situation